

# CONCUSSION

This Position Statement outlines Commonwealth Games Australia (CGA) stance on sport related concussion by Australian Team members at the 2022 Commonwealth Games. It is intended to ensure that participant safety and welfare is paramount when dealing with concussion in sport.

This position statement aims to:

- provide improved safety and health outcomes for all team members who suffer concussive injuries while participating at the Games; and
- protect the integrity of the Team through the consistent application of best practice protocols and guidelines.

## WHAT IS CONCUSSION?

Concussion is a traumatic brain injury, induced by biomechanical forces to the head, or anywhere on the body which transmits an impulsive force to the head. It causes short-lived neurological impairment, and the symptoms may evolve over the hours or days following the injury.

It is a common injury in recreational and organised sport.

## GAMES TIME

CGA has adopted the Concussion in Sport Australia Position Statement created in conjunction with the AIS, AMA and ACSEP [Concussion Position Statement AC%20\(1\).pdf](#).

The Concussion in Sport Australia Position Statement brings together the most contemporary evidence-based information and provides guidance to the way concussion is assessed, managed and treated including return to sport protocols.

The Sport Concussion Assessment Tool (SCAT5) will be used to identify possible symptoms.

## APPLICATION

This CGA Position Statement applies to all members of the Australian Commonwealth Games Team. This includes all athletes, employees, contractors and support team personnel.

For more information refer to the following:

Concussion in Sport Australia Website resource  
<https://www.concussioninsport.gov.au/>



AIS/ACSEPSMA/ Combined Position statement on concussion in sport  
[https://www.sportaus.gov.au/\\_data/assets/pdf\\_file/0005/683501/February\\_2019\\_-\\_Concussion\\_Position\\_Statement\\_AC.pdf](https://www.sportaus.gov.au/_data/assets/pdf_file/0005/683501/February_2019_-_Concussion_Position_Statement_AC.pdf)

## **POSITION STATEMENT REVIEW**

CGA reserves the right to amend this Position Statement should circumstances require. Amendments to this Position Statement during the Games period will be approved by the Chief Medical Officer.

If this Position Statement is amended, it will be made available to all Team members as soon as possible.

Adopted 6 April 2022

POSITION STATEMENT